

Mental Health Counsellor

We are seeking an experienced self-motivated, client-focused Mental Health Counsellor. Your exciting role will involve the provision of clinical assessment, psychological focused strategies, counselling, case work, group work and therapeutic support for the Frankston community in our Accessible Psychological Interventions (API) Program. This involves working with clients with complex mental health issues and those with multiple presenting issues

POSITION HIGHLIGHTS

- Accessible Psychological Interventions (API) Program
- Psychologist, Social Worker, Occupational Therapist or Mental Health Nurse
- 0.6 FTE, Fixed Term to 30/11/2023 - Part Time Role Available
- Level 5 - Social, Community, Home Care and Disability Services Industry Award
- Access to salary packaging
- Paid External Professional Development
- Regular Clinical Supervision and Internal Supervision
- Employee Assistance Program

ABOUT US

Relationship Matters, is a dynamic, collaborative, values based not-for-profit organisation specialising in relationship, family and individual counselling, mediation, workplace services and relationship learning. For over 75 years we have been committed to making a difference in the lives of our diverse clients.

Benefits of working at Relationship Matters

- Employee Assistance Program
- Salary Packaging Opportunities
- External & Internal Professional Development
- Regular External Clinical Supervision for Clinical positions
- Internal Supervision and Support
- Flexible Working Opportunities

ABOUT THE ROLE

This role will be involved in the provision of clinical assessment, psychological focused strategies, counselling, case work, group work and therapeutic support for the Frankston community in our Accessible Psychological Interventions (API) Program. This involves working with clients with complex mental health issues and those with multiple presenting issues.

The role is currently fixed term until 30/11/2023 however there may be a possibility for extension.

To be successful in the role you must meet the minimum criteria below including Mental Health Accreditation. Funding for this position is based on the counsellor having Mental Health Accreditation.

RESPONSIBILITIES WILL INCLUDE:

- Provision of therapeutic counselling and group work interventions for clients with a mental illness, evidence based intake, assessment and counselling
- Professional and ethical management of client case load
- facilitation of API group psych-education programs
- Provide EAP services in consultation with the Workplace Service Manager
- Primary consultation with organisations where a critical incident has occurred, followed by intervention on-site or other venues as arranged with affected employees
- Identify and follow up risk issues as required
- Refer clients to internal (e.g. FaRS psycho-educational group programs, MBCP) or external (e.g. primary care, stepped care, specialist agencies) as appropriate
- Undertake additional duties as directed by management in accordance with grade

ABOUT YOU

- Tertiary qualifications in Psychology / Social Work / Occupational Therapy / Mental Health Nursing
- Mental Health Accreditation(s)
- Registration with AHPRA (psychologists must have general registration) or AASW
- A minimum of 2 years' experience in counselling (focused psychological strategies)
- Demonstrated understanding of client centred practice, risk assessment and safety planning
- Demonstrated understanding of the Mental Health Act 2014
- Computer literacy
- Experience working with Aboriginal people, people from CALD backgrounds, people with substance use disorders, children, people who use family violence and/or victim survivors is highly desirable
- Experience in psycho-educational group programs, EAP counselling and critical incident responses is desirable

You have the ability to contribute to the provision of exceptional counselling services and to promote the profile of Relationship Matters in the community.

A professional in your field, you can work independently while working within a cohesive, committed and high performing team. Together with your exceptional level of ethical standards and well-developed interpersonal communication and teamwork skills, you have the capacity to manage and ensure high standards of practice.

TO APPLY

Application details and a position description are available from
www.relationshipmatters.com.au/employment

We encourage applications from Indigenous Australians, people with disability, people from diverse cultural and linguistic backgrounds, and Lesbian, Gay, Bisexual, Trans and Gender Diverse, Intersex, Queer and Questioning (LGBTIQ+) people.

Applications should be emailed to HR@relationshipmatters.com.au by Friday 12th May 2023.

For enquiries regarding this position, please contact Tanya on 0481787406.