

Mental Health Counsellor - Accessible Psychological Interventions Relationship Matters

- **Accessible Psychological Interventions (API) Program**
- **Psychologist, Social Worker, Occupational Therapist or Mental Health Nurse**
- **Fixed Term to 30/06/2023 - Part Time and/or Full Time Role Available**
- **Relationship Matters Branch Office – Frankston and/or Glen Eira**
- **Access to salary packaging**

ABOUT US

Relationship Matters is a dynamic, values based not-for-profit organisation specialising in human relationships and interpersonal communication. We are passionate, dedicated and committed to making a difference by providing high quality relationship counselling, dispute resolution and relationship education services to individuals, couples and families. Relationship Matters also provides Employee Assistance Programs, training and consulting to workplaces.

ABOUT THE ROLE

This role will be involved in the provision of clinical assessment, psychological focused strategies, counselling, case work, group work and therapeutic support for the Frankston community in our Accessible Psychological Interventions (API) Program. This involves working with clients with complex mental health issues and those with multiple presenting issues.

RESPONSIBILITIES WILL INCLUDE:

- Provision of therapeutic counselling and group work interventions for clients with a mental illness, evidence based intake, assessment and counselling
- Professional and ethical management of client case load
- facilitation of API group psych-education programs
- Provide EAP services in consultation with the Workplace Service Manager
- Primary consultation with organisations where a critical incident has occurred, followed by intervention on-site or other venues as arranged with affected employees
- Identify and follow up risk issues as required
- Refer clients to internal (e.g. FaRS psycho-educational group programs, MBCP) or external (e.g. primary care, stepped care, specialist agencies) as appropriate
- Undertake additional duties as directed by management in accordance with grade

ABOUT YOU

- Tertiary qualifications in Psychology / Social Work / Occupational Therapy / Mental Health Nursing
- Mental Health Accreditation(s)
- Registration with AHPRA (psychologists must have general registration) or AASW
- A minimum of 2 years' experience in counselling (focused psychological strategies)
- Demonstrated understanding of client centred practice, risk assessment and safety planning
- Demonstrated understanding of the Mental Health Act 2014
- Computer literacy
- Experience working with Aboriginal people, people from CALD backgrounds, people with substance use disorders, children, people who use family violence and/or victim survivors is highly desirable
- Experience in psycho-educational group programs, EAP counselling and critical incident responses is desirable

You have the ability to contribute to the provision of exceptional counselling services and to promote the profile of Relationship Matters in the community.

A professional in your field, you can work independently while working within a cohesive, committed and high performing team. Together with your exceptional level of ethical standards and well-developed interpersonal communication and teamwork skills, you have the capacity to manage and ensure high standards of practice.

TO APPLY

Application details and a position description are available from www.relationshipmatters.com.au/employment

We encourage applications from Indigenous Australians, people with disability, people from diverse cultural and linguistic backgrounds, and Lesbian, Gay, Bisexual, Trans and Gender Diverse, Intersex, Queer and Questioning (LGBTIQ+) people.

Applications should be emailed to HR@relationshipmatters.com.au by Thursday 15th July 2022

For enquiries regarding this position, please contact Tanya on 0481787406.